



Headspace for the Whole Family

Manage accounts

Invite up to 5 family members to join your Headspace Family plan.

[Frequently Asked Questions](#)

SAVE

CANCEL

Prisma Health now
offers free annual
Headspace
subscriptions for up
to 5 of your family
members

Scan the QR code to sign up for Headspace, then you will be prompted to add your 5 family members. Already enrolled? Go to [headspace.com/family/manage](https://work.headspace.com/prismahealth/member-enroll) to add your family members.



[https://work.headspace.com/
prismahealth/member-enroll](https://work.headspace.com/prismahealth/member-enroll)

Have a question? Email teamsupport@headspace.com