



Headspace for the Whole Family

Manage accounts

Invite up to 5 family members to join your Headspace Family plan.

[Frequently Asked Questions](#)

SAVE

CANCEL

Prisma Health now offers free annual Headspace subscriptions for up to 5 of your family members

Scan the QR code to sign up for Headspace, then you will be prompted to add your 5 family members. Already enrolled? Go to [headspace.com/family/manage](https://work.headspace.com/family/manage) to add your family members.



<https://work.headspace.com/prismahealth/member-enroll>

Have a question? Email teamsupport@headspace.com