

**PRISMA HEALTH**  
**SUMMARY OF MATERIAL MODIFICATIONS**  
**TO THE**  
**SUMMARY PLAN DESCRIPTION**

Describing Prescription Drug Changes  
in effect as of October 1, 2023

This Summary of Material Modifications applies to those enrolled in group medical coverage offered by Prisma Health. It applies to both Aetna Select and Aetna Choice (HDHP) coverage options, both locally and out of area.

There is a class of prescription drugs commonly called glucagon-like peptide 1 (GLP-1) that are used to treat diabetes and, in certain instances, weight loss. GLP-1 medications include, but are not limited to, the brand names of Ozempic, Trulicity, Rybelsus and Mounjaro (collectively the "Affected GLP-1 Brands" or individually the "Affected GLP-1 Brand").

Your prescription drug coverage of GLP-1 medications and other obesity drugs is changed in the following ways:

**1. Prescription drugs - outpatient**

**Other covered services** currently include prescription drugs used only for the purposes of weight loss, as described in and subject to the conditions of the Obesity drugs provisions of the plan.

Effective October 1, 2023, Obesity drugs are not covered services. The provisions of the plan are modified to remove Obesity drugs from the Other covered services section of the plan. Further, the list of prescription drugs that are not covered services is amended to add Obesity drugs, as follows:

The following are not covered services: . . .

- Obesity drugs prescribed for the purpose of weight loss, including, but not limited to, GLP-1 medications.

**2. Medical necessity and precertification requirements**

For certain covered services and expenses, pre-approval is required. Pre-approval also is called precertification.

Precertification applies in the case of certain drugs. In these instances, the precertification process is designed to ensure the drug is medically necessary in accordance with Aetna's clinical policy bulletins.

Step therapy is a type of precertification where you must try one or more prerequisite drugs before a step therapy drug is covered. A 'prerequisite' is something that is required before something else. Prerequisite drugs are FDA-approved, may cost less and treat the same condition. If you don't try the prerequisite drugs first, the step therapy drug may not be covered.

Effective October 1, 2023, the precertification provisions and step therapy requirements for prescription drug coverage are modified by adding the following precertification requirements with respect to the Affected GLP-1 Brands at the end of that section:

Precertification through step therapy is required for Affected GLP-1 Brands. If you have completed the step therapy process during the period beginning January 1, 2022 and ending September 30, 2023, you will be treated as having satisfied the plan's precertification requirements for the prescribed Affected GLP-1 Brand. After precertification, Affected GLP-1 Brands are covered under the preferred brand-name prescription drugs Schedule of Benefits.

### **Questions?**

For questions related to your prescription drug coverage or to initiate the precertification process, contact Aetna Life Insurance Company by:

- Calling the toll-free number on your ID card
- Writing us at 151 Farmington Ave, Hartford, CT 06156
- Visiting <https://www.aetna.com> to access your member website