



Support for Growing Families: BenefitBump!

For all Prisma Health Team Members



BenefitBump is a **benefit navigation** solution for all growing families – with support for pregnancy, adoption, and fertility treatment.



Participants are assigned a **dedicated Care Navigator** to guide them through the BenefitBump program and their entire parenthood journey. Think of your Care Navigator as one-part project planner, one part-confidant.



To supplement our human interactions, BenefitBump offers **24/7 mobile self-service** through our customized BenefitBump app.



BenefitBump helps you optimize your Prisma Health-provided benefits, improve your well-being, and reduce stress along your **parenthood journey**.

To sign up, call us at 888-286-7314, visit mybenefitbump.com, or download the BenefitBump mobile app. When registering online, use invitation code **Prisma**.

Frequently Asked Questions

CAN MY PARTNER ALSO REGISTER FOR THE PROGRAM?

Yes! We encourage you to invite your partner to your BenefitBump calls and for them to register online or in the BenefitBump mobile app.

IS BENEFITBUMP ONLY FOR EXPECTANT MOMS?

No. BenefitBump is for all paths to parenthood and all parents. We provide navigation for pregnancy, adoption, and fertility treatment and support birth and non-birth parents.

DO I HAVE TO PAY FOR BENEFITBUMP?

No. The program is completely free to you and your family.

DO I NEED TO BE ENROLLED IN PRISMA'S BENEFITS TO UTILIZE THE BENEFITBUMP APP?

Nope. Regardless of your employment type, position, and benefit eligibility, we encourage you to engage with the BenefitBump program.