



Prisma Health – UKH Step Into Spring Challenge

Are you ready to Step into Spring with some healthy competition?

Register in the Prisma Health Wellness Portal: April 14 - May 4

Challenge Dates: April 28 - May 25

This year we've teamed up against the University of Kansas Healthcare system (UKH) to see which organization's team can average the most steps in 28 days! If you're someone who aims to hit 7500 steps a day, or even 10,000, or more... this challenge is for you!

What do we win?

- Points opportunities in the Wellness Portal
- Winning team earns bragging rights and a donation from our vendor partner to the Prisma Health CARE Fund

Let's take on UKH and step into spring with a WIN!