

Benefits For My World

Blount Memorial New Team Member Benefits Toolkit



A new world of benefits to explore

Every day, our team members change thousands of lives for the better. And Prisma Health wants to do the same for you. That's why we've created a benefits package to support what matters most to you in your world.



Where do I go to enroll?

All you need to know about your benefits and a link to enroll can be found at BenefitsForMyWorld.com.



How do I log on?

Follow the link to enroll from the "New Team Member" page on BenefitsForMyWorld.com.



When do I need to enroll?

You have 30 days from your hire date to enroll. Benefits are effective on the first day of the month following the month of your status change or when you are hired.

Make your choices count. BenefitsForMyWorld.com

2025 Benefits

Prisma Health offers a variety of health and wellness benefits to cover all aspects of your life.



Medical

Medical plan options available from Blue Cross Blue Shield of Tennessee. Learn more [here](#).



Prescription Drug (Rx)

Prescription drug coverage is now offered through CVS Caremark. Discover more [here](#).



Dental

Choose from two [dental plans](#) – High or Low. Both plans cover preventive services at no cost to you. If you or a covered family member needs orthodontia care, the High Plan will offer coverage.



Vision

Pick between the Base or Premier [vision plans](#). Both provide coverage for an in-network vision exam, lenses, frames and contact lenses purchased by a licensed provider of your choice.



Parental Leave for Bonding

Team members can take up to six weeks of paid time off at 50% of salary after birth of a newborn or adoption. Find out more [here](#).



Disability Coverage

Core short-term disability

Pays a percentage of your annual base pay for up to 26 weeks for your approved illness or injury after satisfying the plan's elimination period.

Core long-term disability

Provides 50% of basic monthly income per month, subject to plan maximums, after a team member is out of work for more than six months due to their own illness or injury. Learn more about disability information [here](#).



Disability Buy-Up

Team members can buy-up [supplemental](#) short-term disability and long-term disability coverage up to 67% of your basic monthly income.



Life and AD&D Insurance

Receive [basic life and accidental death & dismemberment insurance](#), equal to your annual base pay, at no cost. You also may purchase supplemental coverage on yourself, your spouse and children.



Paid Time Off (PTO)

[PTO](#) is provided so you have personal time for vacation, holidays, short-term illness/injury and other situations such as family illness, funerals and more.



Accident Insurance

If you, your spouse or child has a covered accident, this voluntary insurance pays a fixed benefit to help with out-of-pocket costs. Discover more [here](#).



Hospital Indemnity

Hospital indemnity insurance pays cash benefits to help cover costs from a covered hospital stay due to illness, injury or childbirth. Details are found [here](#).



Retirement Savings Program

Save some of what you earn on a pre-tax or post-tax basis and receive contributions from Prisma Health. Discover more [here](#).



Spending and Savings Accounts

Flexible spending account (FSA)

Team members may enroll in the [health care account and/or the dependent care account](#). These flexible spending accounts allow members to use tax-free earnings from their paycheck to help pay for eligible health care and dependent care expenses.

Also available are Wellness Programs, Legal Services, Identity Theft Protection and more. View what each plan costs and discover more at [BenefitsForMyWorld.com](#).

Useful contacts

Below is a list of contacts that can support you with your Prisma Health benefits.

Carrier	Line of Coverage	Customer Service Number
Aflac	Disability	833-853-1998
Allstate	Identity Theft Protection	800-789-2720
Blue Cross Blue Shield of Tennessee	Medical	800-565-9140
CHUBB	Lifetime Benefit Term with Long-Term Care	877-618-9808
CVS Caremark	Prescription Drug Coverage	833-860-0395
Delta Dental	Dental	800-335-8266
Empower	Retirement Savings Program	833-961-5287
Farmers GroupSelect	Auto & Home	844-900-2453
MASA	Emergency Transport	502-819-4177
MetLife	Legal Services	800-821-6400
Securian	Life and AD&D	866-293-6047
Unum	Accident, Critical Illness, Hospital Indemnity, Whole Life	800-635-5597
VSP	Vision	800-877-7195
WEX Health	Flexible Spending Accounts	866-451-3399
	COBRA	866-451-3399

Questions?

Access expert support on all things benefits. Email AskHR@PrismaHealth.org or call **833-775-7678**, Monday–Friday, 7 a.m.–5 p.m.

Make your choices count. BenefitsForMyWorld.com

The 2025 Prisma Health benefits package is available to all benefits-eligible team members of Prisma Health.

Nothing in this form says or implies that participation in the benefit plans is a guarantee of continued employment with Prisma Health. Nor is it a guarantee that participation under the plans for active team members, totally and permanently disabled team members, retirees or other covered persons will exist or remain unchanged in future years. The listed summaries are only brief overviews of the benefits/products. The terms of the Summary Plan Description are controlling.