

# Care that starts with you



## LiveWell @ Prisma Health

### Annual Enrollment is Oct. 15-29, 2025

You deserve benefits that go above and beyond—just like you do. That's why Prisma Health offers personalized care and support designed to meet your unique needs and help you make choices with confidence.

### Preparing for Annual Enrollment

#### Reflect

Take some time to reflect on what's going on in your life, what changes might be on the horizon, and how Prisma Health benefits can best support you and your family.

#### Ask yourself:

- Do I have an upcoming surgery or ongoing medical need? Check out the [Hospital Indemnity](#) benefit.
- Am I planning to have a baby or expand my family? Read more on our [Growing Family Support](#) benefit page.
- Am I worried about someone stealing my identity? Look into our [Identity Theft Protection](#) benefit.
- Am I caring for aging parents or other loved ones? Our [lifetime benefit with long-term care](#) could help.
- Am I or is my family active in sports, hobbies, or activities with higher risk of injury? [Accident Insurance](#) may be helpful.
- Do I need help with any health, well-being or financial goals? Our [LiveWell](#) page offers insight that may be useful.

#### Explore

You have multiple ways to learn more about all your Prisma Health benefits.

- ✔ **Review your options and benefit changes** in more detail at [BenefitsForMyWorld.com](#).
- ✔ **Watch a live Annual Enrollment webinar** (recordings will be available online).
- ✔ **Schedule an appointment** with a benefits enrollment counselor for personalized assistance and advice.

More information on all these resources can be found on the [2026 Annual Enrollment](#) page.

#### Ready to enroll?

Log into the Workday system between **Oct. 15-29, 2025** to review, elect or make changes to your benefits for 2026!